



Guidance for members

Face to face rehearsals from September 2021

Before the rehearsal

Do not come to rehearsal if:

- you have symptoms / feel unwell
- you have tested positive (PCR or lateral flow)
- you have been told to self isolate
- someone you have had close contact with has tested positive
- you are quarantining after a visit abroad.

We encourage you to use lateral flow tests regularly (ideally the day of rehearsal if you can).

The venue will be cleaned before our rehearsal / after the last use.

During the rehearsal

Maintain 1 metre social distancing at all times, both when seated and when standing.

Chairs will be spaced 1 metre apart. Individuals can request a greater distance for themselves - please contact merchantvoices@hotmail.com at least one day before the rehearsal.

Be respectful of the space of others.

Face masks must be worn at all times, except when seated. Choir members may choose to wear a face mask when seated if they wish. Face masks designed to be used when singing can be purchased online if desired.

Doors and windows of the rehearsal room will be kept open where possible. Please consider bringing warm clothing depending on the weather.

Wash / sanitise your hands on arrival and regularly after that. Hand sanitiser will be provided in the rehearsal room.

Follow any protocols put in place by the rehearsal venue, for example one way systems, specified entrances and exits.

A committee member will take your contact details on arrival.

Avoid touching shared surfaces as much as possible.

Please bring your own music and pencil. Spare music will be available, but only in limited quantities.

Bring your own refreshments and avoid sharing these with others.